



Croydon Best Start
Parent Infant Partnership
(CBSPIP)

**Information for
Professionals**



About us

Croydon Best Start PIP is a service for parents-to-be and parents of babies up to 24 months.

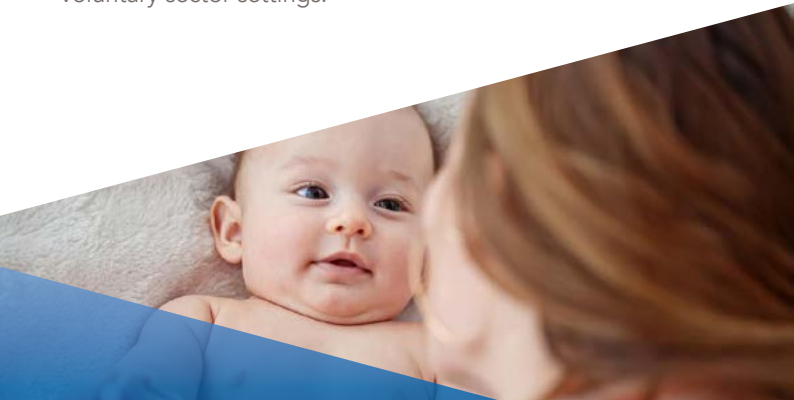
Families who are referred must live in the borough of Croydon.

Our service aims to provide help for families within the local community to build stronger parent-infant bonds and positive relationships.

We offer the primary caregiver (usually the mother) a range of therapeutic interventions and support to develop a secure attachment within the parent-infant relationship.

As part of Best Start we work closely with other professionals in Croydon who support families with babies within the first 1001 critical days; which means that anyone working with families during this period is welcome to use our service to discuss concerns about the parent-infant relationship.

We work in the home and in a variety of community settings, such as Children Centres, hospitals and voluntary sector settings.



What we do

We offer a range of therapeutic support, such as:

- Parent-infant psychotherapy
- Relationship-focused key working support
- Specialist Health Visitor support and guidance
- Evidence-based group work
 - Mellow Bumps/Mums/Dads/Toddlers
- VIG feedback (Video Interaction Guidance)
- KIPS assessment (Keys to Interactive Parenting Scale)
- Specialist parent-infant consultation/training



Getting in touch

Most of our referrals come from children's centre staff, GPs, health visitors or midwives. Families can also refer themselves. Many of the mothers we see experience postnatal depression of some kind. We actively encourage partners to participate in our sessions wherever possible.

Please either call our referral line and leave a message or email us at the address below. We aim to get back to you within three days.

Croydon Best Start PIP

PIP House (Church Road entrance)
All Saints School, Upper Beulah Hill
London, SE19 3LG

Tel: 020 8680 0404

enquiriesforcbbspip@croydondropin.org.uk

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